WELCOME TO



BÄRS

WE HOPE YOU ENJOY YOUR TIME WITH US. GET COSY: YOU'RE WELCOME TO STAY AS LONG AS YOU LIKE!

THE BÄRS TEAM



BÄRS

TO SHARE

CRISP GRISONS FLATBREAD WITH BACON, ONIONS AND SOUR CREAM	26
CRISP VEGETARIAN ANTIPASTI FLATBREAD AUBERGINES, OLIVES, BURRATA	25
A BEAR'S APPETITE CURED MEAT SPECIALITIES, VEGETABLE PÂTÉ, MOUNTAIN CHEESE AND SALSIZ SAUSAGE	29
HOUMOUS WITH SPICED BREAD	11
SMOKED SALMON AND BREAD	13

STARTERS

WINTER SALAD MIXED SALAD WITH EGG AND CROUTONS	9 / 15
ORIENTAL COUSCOUS SALAD COUSCOUS SALAD WITH ORANGES AND DATES, SERVED WITH GOAT'S MILK CREAM CHEESE	12 / 18
TANTI GUSTI BURRATA WITH WALNUT PESTO, SERVED ON AN ANTIPASTI SALAD WITH ROCKET	14 / 19
TATTA TARTAR BEEF TARTARE WITH A HONEY AND BACON SAUCE AND MUSTARD MAYONNAISE, SERVED WITH HERBED BUBBLE BREAD	33
SMOKED TROUT MOUNTAIN TROUT AND LEMON RICOTTA ON CRISPY BREAD WITH BEETROOT	24



SOUPS

PUMPKIN SOUP

CREAM OF PUMPKIN SOUP WITH WILD MUSHROOMS AND PUMPKIN SEED OIL

PEARL BARLEY SOUP

PEARL BARLEY SOUP FROM THE GRISONS WITH CURED MEAT AND MARJORAM

15

16

PASTA

GRATINATED SWISS CHARD DUMPLINGS SWISS CHARD DUMPLINGS SERVED WITH VEGETABLES AND GRATINATED WITH MOUNTAIN CHEESE	26 / 34
ALPINE RAVIOLI RÖSTI RAVIOLI SERVED IN A MUSHROOM AND TRUFFLE SAUCE WITH VEGETABLES	24 / 32
PASTA DEL MARE LINGUINE WITH PAN-FRIED PRAWNS AND A TOMATO AND BASIL SAUCE	27 / 35
PASTA SELVAGGIA PASTA WITH VENISON RAGU, WITH ROSEMARY AND ALPINE CHEESE	22 / 31
BÄRS' CLASSIC DISHES SPAGHETTI WITH STRIPS OF BEEF, CHILLI, GARLIC, CREAM AND ROCKET	28 / 38



FISH

FRITTO MISTO

NTAIN TROUT	38
ED WITH THYME BUTTER	36



FRITTO MISTO CRISPY CALAMARI, PRAWNS AND MOUNTAIN TROUT

FOIL-BAKED MOUNTAIN TROUT BAKED MOUNTAIN TROUT STUFFED WITH VEGETABLES AND SERVED WITH THYME BU

SIDES AS DESIRED:

LIME RICE, CREAMY POLENTA, BÄRS' CRISPY POTATOES

MEAT

BOOM BOOM BURGER BEEF FROM THE GRISONS, TOPPED WITH ALPINE CHEESE AND BACON, SERVED WITH GARLIC AND TOMATO SAUCE AND A CRISP FARMER'S SALAD OR BÄRS' POTATOES	29
ENTRECÔTE FROM THE GRISONS BEEF ENTRECÔTE SERVED IN A HERB BUTTER FOAM WITH BÄRS' POTATOES AND VEGETABLES	200G / 300G 43 / 57
VENISON AND RED WINE STEW VENISON AND RED WINE STEW WITH RED CABBAGE AND POL	ENTA 41
GRISONS SAUSAGE MIXED GRILLED SAUSAGE IN A CONFIT ONION SAUCE	29

FLEISCH

MALANS CHICKEN SWEET AND SOUR ORGANIC CHICKEN WITH CRUNCHY VEGETABLES	34
BBQ PORK CHOP PAN-FRIED PORK CHOP WITH BBQ SAUCE	38

SIDES AS DESIRED:

LIME RICE, CREAMY POLENTA, BÄRS' CRISPY POTATOES

BÄRS

VEGAN

NANI'S STEW GRISONS LENTILS WITH SMOKED TOMATOES, ALMOND MILK AND SEASONAL VEGETABLES	31
PLANTED CHICKEN PLANTED CHICKEN TERIYAKI WITH CRUNCHY	
VEGETABLES AND LIME RICE	37

KIDS' FAVOURITES



HAPPY BURGER WITH BEEF AND FRENCH FRIES	19
ORGANIC BREADED CHICKEN BITES WITH FRENCH FRIES AND VEGETABLES	19
PLAIN PASTA OR WITH A TASTY TOMATO SAUCE :-)	11 / 13



DESSERTS

DAIRYMAID'S CHEESECAKE CHEESECAKE WITH APPLE COMPOTE AND CINNAMON CRUMB	BLE 16
CHOCOLATE GATEAU NANI'S CHOCOLATE EXTRAVAGANZA WITH GINGERBREAD AND ALMOND ICE CREAM	14
CRÈME BRÛLÉE TONKA BEAN CRÈME BRÛLÉE WITH CARAMELISED PEARS	15
ICE CREAMS AND SORBETS CHOCOLATE VANILLA, GINGERBREAD AND ALMOND, RASPBERRY SORBET	PER SCOOP 4

ALLERGIES:

If you have any allergies or intolerances, please speak to our team to clarify the ingredients in our dishes.

ORIGIN:

Meat: Switzerland / fish, seafood: Switzerland, Italy, from natural hatcheries in mangrove forests in Vietnam

All prices are given in Swiss francs and include 7.7% VAT